

PUBLIC MENTAL HEALTH SERVICES IN THE SKAGIT COUNTY AREA

Information developed by NAMI Skagit
An affiliate of the National Alliance on Mental Illness

CRISIS SERVICES

CARE CRISIS LINE (24-hour Service)	A Volunteers of America Program	1-800-584-3578
Detox (Access through Care Crisis Line)		1-800-584-3578
Island Hospital - Emergency Room, Anacortes	Main hospital number 360-299-1300	360-299-1311
North Sound Evaluation & Treatment Center, Sedro Woolley	Involuntary treatment only	1-866-215-8233
Skagit County Behavioral Health Crisis Center	Voluntary program; access through Care Crisis Line	1-800-584-3578
Skagit Valley Hospital - Emergency Room, Mount Vernon (3 rd Floor Psychiatric Care Center 360-428-2273)		360-428-2165
United General Hospital - Emergency Room, Sedro Woolley		360-856-6021
Violent/dangerous situation		911
Washington Poison Center		1-800-222-1222

OUTPATIENT COMMUNITY MENTAL HEALTH SERVICES

ACCESS LINE for outpatient services	Call for eligibility screening and first-time appointments	1-888-693-7200
Catholic Community Services Northwest, Burlington	Serving children and families including intensive Wraparound	1-888-504-9992
Compass Health, Mount Vernon and other offices		1-800-457-9303
Island Hospital, Anacortes (Staffed by SeaMar Thursdays, Skagit Community Wellness Program Fridays)	For information call	360-299-1342
SeaMar Community Health Center, Mount Vernon	Specializing in services to Hispanic people	360-542-8920
Skagit County Community Wellness Program, Mount Vernon	Contact thru ACCESS line above or directly	360-419-3420
Skagit Treatment Engagement Program (STEP)	Services for people who are hard to engage/ homeless; referrals accepted	360-419-3420
Sunrise Mental Health Services, Mount Vernon		360-336-3762
SKAGIT PEER CONNECTION CENTER	1115 Riverside Drive, Mt. Vernon	360-848-8615
(A peer-driven drop-in center managed by Sunrise Services with NAMI Skagit support)		360-848-0950

ADMINISTRATION

North Sound Mental Health Administration	Island/San Juan/Skagit/Snohomish/Whatcom counties	1-800-684-3555
Mental Health Ombuds	Complaint resolution/advocacy for clients in the North Sound region counties listed above	1-888-336-6164

OTHER ASSOCIATED SERVICES

Community Information Line	Volunteers of America program links callers to needed community resources; volunteering opportunities	1-800-223-8145 Or 211
Division of Vocational Rehabilitation, Mount Vernon		360-416-3515
DSHS Adult Protective Services (regional intake office)		1-800-487-0416
Phoenix Recovery Services, Mount Vernon	Outpatient drug/alcohol/gambling treatment for youth/adults	360-848-8437
Pioneer Center North, Sedro-Woolley	Involuntary inpatient chemical dependency treatment	360-856-3186
Skagit County Community Action Agency	Emergency and food stamp assistance, housing info, literacy program, veteran services, critical needs program, prescription and dental van program, legal assistance; volunteering opportunities	360-416-7585
Skagit Domestic Violence and Sexual Assault Services	(24-hour Hotline 1-888-336-9591) Legal advocacy	360-336-9591
Skagit Recovery Center, Mount Vernon	Outpatient drug/alcohol treatment for youth/adults	360-428-7835
Sunrise Services Community Trades and Careers	Vocational rehabilitation and supported employment services	360-336-3147
Youthnet, Mt. Vernon	Foster care, teen parent support, independent living skills training, Emerson Alternative School	360-336-1610

MEDICAL/DENTAL SERVICES

WA State Health Care Authority (including Basic Health Insurance)	www.hca.wa.gov	1-800-826-2444
Dental Van	Skagit County Community Action Agency, 330 Pacific Place, Mount Vernon	360-416-7585
N. Cascade Family Physicians Walk-In/Urgent Care	Medicare/Basic Health/Private ins/No new Medicaid	360-428-1700
SeaMar Medical and Dental, 1400 North LaVenture, Mt. Vernon	Medicaid/Medicare/Basic Health/Private Ins.	360-428-4075
SeaMar Emergency Medical Services at Skagit Valley Hospital	Open Monday-Saturday	360-588-5550
Skagit Valley Medical Center Walk-In/Urgent Care Clinic, 809 South 15 th , Mt. Vernon	Medicare/Basic Health/private insurance/ Medicaid coupons if secondary to Medicare	360-428-6434

TRANSPORTATION

SKAT bus service	Number for callers from Anacortes is 299-2424	360-757-4433
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LEGAL ISSUES AND ASSISTANCE

Disability Rights Washington (DRW)	Advocates/attorneys protecting civil rights of people with disabilities	1-800-562-2702
LAW Advocates	Low income civil legal help	1-360-671-6079
Northwest Justice Project (9:30am-12:30pm only)	Low income legal services and referrals	1-888-201-1014
Skagit County Community Action Agency	Ask for legal department	360-416-7585
Skagit County Jail		360-336-9448
Skagit County Prosecuting Attorney		360-336-9460
Skagit County Prosecuting Attorney, Family Support Division	For child support issues	360-336-9461
Skagit County Public Defender		360-336-9405

FINANCIAL AID/FOOD/SHELTER

DSHS (Dept of Social and Health Services) —Medical Assistance Customer Service	www.dshs.wa.gov	1-800-562-3022
DSHS Home and Community Services	Primarily for older citizens; COPEs assistance, long-term nursing care	1-866-608-0836
Friendship House, Mount Vernon	Women's Shelter	360-336-2418
	Men's Shelter	360-336-2135
Oasis YMCA Teen Shelter (13-17Y 4pm-8am)	125 North Fifth Street, Mount Vernon	360-419-9058
Skagit County Community Action Agency	330 Pacific Place, Mt. Vernon	360-416-7585
Skagit Housing Authority, Burlington		360-428-1959
Social Security Administration, Mt. Vernon	Toll free central number: 1-800-772-1213	360-424-5527
Food Banks: Alger Food Bank		360-724-5131
Anacortes 100 Food Bank	512 4 th Street, Anacortes	360-293-6445
Concrete Food Bank		360-853-8505
Neighbors in Need	1615 So. 2 nd St., Mt. Vernon	360-424-6311
Salvation Army	3001 R Avenue, #100, Anacortes	360-293-6682
St. Charles Catholic Church	935 Peterson Road, Burlington	360-757-2563

NAMI SKAGIT PROGRAMS

Information www.namiskagit.org	Marti Wall Susan Ramaglia	360-770-5666 360-588-8229
Family-to-Family Education Program (For family members/caregivers)	Susan Ramaglia Judy Peraino	360-588-8229 360-424-5802
Clase de Familia a Familia Feche para ser anunciada; llame para mas informacion a	Faviola Lopez	360-840-8880
Peer-to-Peer Recovery Education Program (For consumers)	Natasha Gruss Brandon Nevi	360-856-0267 360-421-5784
NAMI Basics Education Program (For parents/caregivers of children/teens)	Marti Wall	360-770-5666
Next Generation Teen Program (Presentations for middle and high school classes)	Jim Ramaglia	360-588-8229
In Our Own Voice (Presentations by speakers experienced with mental illness and recovery)	Jim Ramaglia	360-588-8229
Open Support Group (Fourth Tuesday at Skagit Valley Hospital, Shuksan Room, 7-9pm)	Trish Rodriguez	360-540-0795
Grupo de apoyo para familias de NAMI. Llame para mas informacion a	Faviola Lopez	360-840-8880

OTHER SUPPORT GROUPS

Alanon (Family support for chemical dependency issues)	1-800-344-2666
Alcoholics Anonymous (District 4 information line)	360-428-7155
NAMI Whatcom support groups and other information	1-360-671-4950

Please note: This information is current as of 9/16/10 and is subject to frequent changes. Please call Susan at 360-588-8229 if you have updated information.